



October 15, 2018

Royal Review

Locker Clean-Out Day!

Pictured above: Vicci Stevenson, Accreditation and Litigation Coordinator; Mandy Belinger, EVS; Janice Skot, RVH President and CEO; and Deb Langley, EVS, are gearing up for the upcoming campus cleanup. In preparation for the on-site survey, (February 4 to 7), and in keeping with our hockey theme, RVH will hold a 'Locker Clean-Out Day' on October 16. This does not mean 'your locker', this refers to your office, department or unit. This clean-out day includes getting rid of all paper signs in your department, unit or hallways. Take before and after pictures and send to Vicci and your team could win a prize. We have guests coming and we want our RVH house to shine!

Flu shots now available

The flu shot is now available at RVH. Occupational Health and Safety (OHS) will run flu clinics at the L1 Simcoe entrance between October 15 and November 4. The full schedule and FAQs are posted on the [RVH intranet](#) (Departments>Occupational Health and Safety>Influenza Immunization Campaign). Flu shots are also available at Purehealth Pharmacy (bring your health card) during regular business hours.

Flu shots are not mandatory at RVH. You have a choice about how you protect your patients, yourself and your family. However, **it is mandatory that all staff, physicians, volunteers and students report their immunization status to Occupational Health by December 3.** If you are receiving the flu shot somewhere other than RVH, please save your paperwork and submit it to OHS (on Level 1, room 1453).

New cannabis law and TEAM RVH

On Wednesday, October 17, the use of recreational cannabis will become legal in Ontario and as such there will be many questions regarding its use by staff, patients and visitors.

To help answer some of your questions concerning this change, we have posted a Frequently Asked Questions (FAQs) document on the homepage of our Intranet. RVH remains fully committed to providing a safe workplace for all employees, students, volunteers, and physicians, while ensuring our patients receive safe, quality care. Equally important is our commitment to ensuring visitors are safe while in our facility.

Consuming recreational cannabis in the workplace is illegal and will continue to be so after legalization on October 17. Our expectation is that all workers will arrive at work fit for duty, which includes being free of impairment due to the consumption of cannabis or any other substance.

As healthcare professionals, our number one priority must always be the safety of the patients entrusted to our care.

Let's celebrate our awesome MDRD



Our Medical Device Reprocessing Department (MDRD) is responsible for the decontamination, inspection/assembly and sterilization of medical devices for patients throughout the health centre. It is operational 24/7, 365 days per year. MDRD serves the OR, Endoscopy, Surgery Treatment Clinic, and dozens of programs and clinics within the health centre. Safety is their promise to our patients, one instrument at a time! October 15 to 19 is MDRD Week. If you meet one of the MDRD team during this time (or anytime for that matter) say, 'Thanks' for all they do each and every day to keep our patients safe.

Tag days another success



Members of the RVH Auxiliary were recently at storefronts throughout the region raising money through their annual Tag Days fundraiser. "On behalf of the RVH Auxiliary, I would like to extend a huge thank you to the com-

munity for their incredible support of our Tag Days event," says Lise McCourt, president of the RVH Auxiliary. "We raised \$12,586.50 over the two days towards our pledge to the Hearts & Minds Campaign". Photo top: Pat Guergis Right: Bill and Anne Roncken



Planning our future. Together.



As part of the Master Plan and Master Program process, members of the Executive Leadership Team met with Indigenous community leaders on September 21 to help plan our future. Following a presentation by President and CEO, Janice Skot, a discussion was led by Leah Bergstrom, Aboriginal Patient Navigator. The conversation focused on increasing access to culturally appropriate care for our Indigenous patients and families. Participants spoke about "land-based" healing approaches and a holistic model of healthcare being important to their community members. RVH will continue to work with our Indigenous community members as we continue to plan for the future.



Staff talent shines at Barrie City Hall



Susan Bartlett (above), Janet Grootveld and Margaux Pyke are all members of TEAM RVH who are also talented artists. Their work is featured in 'The Steel Spirit' art show at at Barrie City Hall for the month of October. The exhibit features a gallery of artwork done entirely by military, first responders and healthcare practitioners. The show is a platform of recognition and thanks for the work that the individuals in these services do. This is the second year for the show and the involvement and display has more than doubled. Unique to this gallery are biographies and write ups on display with the artwork, which adds many layers to the stories and individuals behind the art. Admission is free.

Med Rec Moment

How is Discharge Medication Reconciliation Performed?

Discharge Medication Reconciliation is performed to enhance patient safety and reduce hospital readmissions. In order to complete this, two easy steps need to occur.

STEP 1: BPMH (Best Possible Medication History) is compared to the patients current in patient list of medications (**last 24 hour MAR**), with the **discharge prescriptions**. In this process, discrepancies are identified and brought to the attention of the prescriber and any changes made are documented.

STEP 2: This information is then used to create a **Best Possible Medication Discharge Plan (BPMDP)** which is a clear and comprehensive list of what medications the patient needs to take at home. This list is also a communication tool for the patient to **take home and share with their family, community pharmacy and primary care provider**. Prescriptions may also be provided at this time.

Review your Process Owners Matrix on your unit to identify who performs these steps.

BONUS FEATURE: Data entered to complete the BPMDP will be filed in EMR and will update the patient home medications for the next visit. Thereby facilitating the next admission.

Book sale a real page turner



Camille Coles, Librarian in RVH's Health Library, wanted to say 'Thank You' to the members of TEAM RVH who purchased books at the recent book sale. More than \$500 was raised and will be used to purchase new patient education materials for the library. Used books are always available for purchased in the Health Library so you don't have to wait for the next sale to get your next great read.

Out of this world!

RVH recently welcomed renowned Canadian astronaut Dr. Roberta Bondar (pictured below) who delivered an engaging and inspiring talk to a crowded auditorium entitled "Leading through Space and Time".

She was at RVH to donate eight of her photographs, through the Roberta Bondar Foundation. These fine art photographs are on display in the David McCullough Hearts & Minds Gallery now for several months and then will become part of our permanent art collection.

"RVH recognizes the important healing power of art and has deliberately placed beautiful, unique and thought-provoking pieces of art within the walls and on the grounds of the health centre through its 'Art@RVH' program," says Janice Skot, RVH President and CEO. "We are incredibly honoured to have Dr. Bondar visit our facility and know that her beautiful photographs will inspire and enlighten our patients and visitors."



Are YOU ready?

On October 23, Security Services will be running a Mock Code Green – Crisis – Evacuation (Full Evacuation). These mock exercises are an important part of RVH's Emergency Preparedness Plan to ensure if disaster strikes, we'll be ready.

We have recruited volunteers from Georgian College's Nursing and Paramedic programs as well as area High School students and RVH volunteers who will act as mock patients and mock visitors for this event.

This full mock evacuation event runs every four years and takes approximately one year to plan and organize. Smaller scale events are held yearly to ensure staff are trained on an ongoing basis

The goal of this exercise is to test various components including staff response, use of staging areas and to test the functionality of the Emergency Operations Centre.

It is also a good opportunity to test our activation and notification process, the Incident Management System (IMS) process and to educate, review and evaluate current evacuation policies, processes, equipment and community agreements.

We will once again be working closely with our municipal partners and the County of Simcoe during this exercise.

And while we can't tell you the details of why we will be doing a mock evacuation, we do hope you will fully participate and help us test our readiness.

Education and Training to all staff members over the course of the past 6 months have resulted in over 1600 staff members trained to respond to an Evacuation.

Are YOU ready?

Bridget's Run

Sponsored by Carr Excavating Ltd.

Saturday, October 20, 2018

1km/5km Family Fun Run/Walk

Centennial Beach Park, Barrie

Registration at 8:00 a.m. Race Starts at 9:00 a.m.

In recognition of:

- Pregnancy and Infant Loss Awareness

In support of:

- Royal Victoria Regional Health Centre NICU and Obstetrics' Bereavement Program
- Bridget's Bunnies Comfort Kits

To register look for Bridget's Run on the Running Room Website www.runningroom.com/ca/

Cost: \$25 until September 7th

\$30 after September 7th

Kids 10 and under are free

Strollers and furry friends welcome!



Email: bridgetsrn@hotmail.com

Find us: **Bridget's Bunnies**



A meaningful day on the greens



The annual Barb Paquette Memorial Golf Tournament began in 2003, and the tradition to bring together family and friends to honour her memory through the charity event continues today. Barb passed away in 2002 due to lung cancer, which is why proceeds raised from the tournament benefit the RVH Simcoe Muskoka Regional Cancer Centre. This year, event organizer Anne Bell was pleased to provide a generous \$1,650 in funds raised from the day on the greens at Springwater Golf Club. To date, the tournament has raised an incredible \$16,484.00.

Active Green + Ross never "tires" of supporting patient care!



Lance Jordan, Alison Jordan and Randy Hughes from Active Green + Ross on Anne Street in Barrie proudly presented a donation from their Tires for Health campaign to support patient care at RVH. They raised \$1,470 by allowing customers to direct \$5 of select tire purchases to healthcare areas of their choice including RVH's heart program, child and youth

mental health program or cancer care program. The fundraising campaign continues at their shop throughout the year.

Black Bags earn RVH linen credits

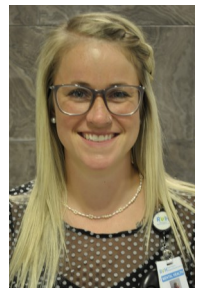


Found a rip or stain in a bed sheet? Got a bleach stain on the fresh set of scrubs you just pulled off the rack? Find a black nylon bag and get those linens out of circulation! If you find any clean scrubs or linens that are damaged, we can return them to HLS, our linen provider, to receive a credit for the damages. At RVH, we pay for linens by the weight, by pulling these damaged scrubs and linens out of circulation and putting them into the black nylon bags provided, we will receive credit towards clean, undamaged scrubs and linens. Look for black nylon bags in your clean supply room or call laundry @ 44234.



Lauren Frith is the new Manager for the Adult Mental Health Inpatient and Mental Health Suites. Since joining RVH in 2012, Lauren has held the roles of RN and Resource Nurse in the Mental Health Adult

Inpatient Unit and Emergency Mental Health Crisis Unit. Since July 2018, Lauren held the role of Interim Manager for the Adult Mental Health Inpatient and Mental Health Suites.



Small act with a BIG impact!



Health Records has always been creative at finding new ways to celebrate together and this month, they decided to come together as a team to donate blood. The team was all very proud to personally contribute to saving lives. With each donation of 450ml of blood they are saving up to three lives and it only takes 15 minutes. The gift of life is one of the most precious gifts that anyone can give. This was a small act that had a BIG impact!!